

# LUNCH

WEDNESDAY, MAY 6, 2026

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## ORANGE CHICKEN W/RICE

<b>CALORIES</b> 505	<b>SODIUM</b> 1032mg	<b>PROTEIN</b> 18g	<b>FAT</b> 18g	<b>CARBS</b> 68g	<b>CHOLESTEROL</b> 40mg	<b>FIBER</b> 2g
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## ORANGE TOFU AND BROCCOLI WITH RICE

<b>CALORIES</b> 295	<b>SODIUM</b> 145mg	<b>PROTEIN</b> 16g	<b>FAT</b> 7g	<b>CARBS</b> 42g	<b>CHOLESTEROL</b> 0mg	<b>FIBER</b> 3g
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 contains wheat

 contains egg

 contains milk

 vegetarian


 vegan

 contains pork

 contains fish

 contains shellfish

 contains nuts

 ask about allergen

# DINNER

WEDNESDAY, MAY 6, 2026

## CHICKEN FRIED STEAK



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
262	750mg	13g	18g	24g	35mg	0g

coconut oil


## TATER TOT CASSEROLE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	474mg	11g	13g	35g	0mg	5g

 contains wheat

 contains egg

 contains milk

 vegetarian


 vegan

 contains pork

 contains fish

 contains shellfish

 contains nuts

 ask about allergen